

PHONOLOGICAL AWARENESS

noticing and manipulating the sounds of language

Developed by Child Care Aware of West Central Arkansas

funded by Hot Springs Area Community Foundation to support

Early Childhood Literacy: Phonological Awareness

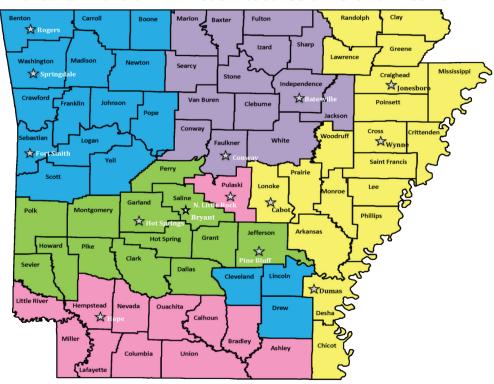
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Arkansas Child Development and Early Learning Standards: Birth through 60 Months (AR CDELS)	

Rhyme

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Join us as we explore the four areas of phonological awareness which is simply playing with the sounds of language. We hope you use this book as a fun way to share literacy experiences while developing your children's language skills.

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BENEFITS OF HAVING FAMILY TIME

In a busy world it is so important to be purposeful and find moments to spend together. Family time is a wonderful way to get in some quality time together, while engaging in simple, meaningful activities. Time spent together is important for every member of your family, it provides many benefits and will help your family feel connected to one another.

Family time helps create a lifetime of memories while helping parents and children feel connected to one another. Even if you only have a moment, make the most of it by spending time with your family.

Reading together as a family can give your child many benefits. It is a long-term investment in your child's vocabulary development. It also gives them the chance to ask questions about words they may not understand, leading to more effective reading.

The American Academy of Pediatrics says "Reading aloud with young children is one of the most effective ways to expose them to enriched language and to encourage specific early literacy skills needed to promote school readiness. Reading regularly with young children stimulates optimal patterns of brain development and strengthens parent-child relationships at a critical time in child development, which, in turn, builds language, literacy, and social-emotional skills that last a lifetime."

On the next page are some suggestions of activities to easily incorporate Literacy and even the Arts into your family time.

FAMILY LITERACY TIME

"Audio Books (Read Alouds and Recordings)"

Enjoy listening together in the car, the classroom, or at home. Check your local library for free options, as well as YouTube.

"Book Art"

Once you have read or listened to a book that everyone enjoys, spend time recreating that book using paper and markers or crayons.

Staple together or attach pages with yarn.

"Book Club Dinners"

Spend time reading a book and then create a theme for your dinner.
Fun examples are, "Dragons Love Tacos" by Adam Rubin or
"Daddy Makes the Best Spaghetti" by Anna Grossnickle Hines

"Family Field Trips"

Pack a meal or snack, a blanket, and books for an adventure. Go find the perfect spot for a picnic and read the books while you eat.

"Family Play Theatre"

Find a book that is simple and fun. Once you have read it spend time acting out the book. You can even make your own costumes and props from items that you already have.

EXPLORATION OF SOUNDS OF LANGUAGE

Children identify sounds of language through hearing and speaking

SUPPLIES

a moment with your child

Optional:

- nursery rhymes
- songs
- picture books

WAYS TO EXPLORE

- 1. Talk with your baby when diapering, changing clothes, or feeding them, while explaining what you are doing.
- 2. Echo your baby (listen and repeat sounds) as they are babbling or attempting to say words.
- 3. Use nursery rhymes or songs as you explore new sounds together (page 5).
- 4. Read or sing picture books to your child.
- 5. Go outside together and listen to the different sounds around you (birds chirping, firetrucks, dogs barking).
- 6. Use fingerplays and movements to act out the words to songs and rhymes (Fingerplays and Movements, pages 20-21).

Resources: Books, Poems, Songs and More, page 24

ARKANSAS CHILD DEVELOPMENT EARLY LEARNING STANDARDS

DOMAIN EL2.1

Birth to 18 months



A is for apple a-a-a apple

B is for banana b-b-b banana



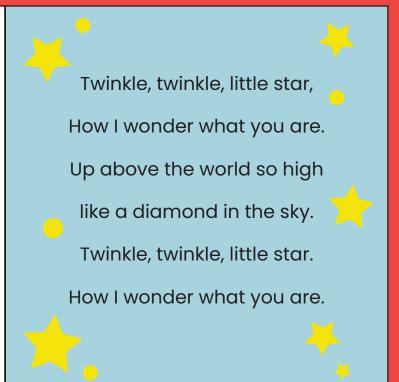


C is for cake c-c-c cake

D is for duck d-d-d duck



(continue through the alphabet)
EFGHIJKLMNOPQRSTUVWXYZ



Old MacDonald had a farm E-I-E-I-O

And on that farm he had a cow E-I-E-I-O

With a moo moo here
And a moo moo there
Here a moo
There a moo



Everywhere a moo moo Old MacDonald had a farm E-I-E-I-O Head, shoulders, knees, and toes knees and toes

Head, shoulders, knees, and toes knees and toes

And eyes and ears and mouth and nose

knees, and toes knees and toes.

ACTIVITIES TO HELP CHILDREN LEARN

"I Spy (something that sounds like...)"

Start by making a letter sound, then have your child guess things that starts with the same beginning sound.



"My Name Is... And I like..."

Take turns letting everyone say their name, then something they like that starts with the same beginning sound.







ACTIVITIES TO HELP CHILDREN LEARN

"The Name Game"

Take turns saying names. Can your children tell you which names start with the same sound?

Za'Niyah Zierré

Rafi Rachel

Coen Cameron Montgomery Mary

"Finding Sounds"

Spend time finding things that start with each letter of the alphabet.









EFGHIJKLMNOPQRSTUV









RHYME

Children learn that words can sound like other words

SUPPLIES

a moment with your child

Optional:

- nursery rhymes
- songs
- poems

WAYS TO RHYME

- 1. Read nursery rhymes, poems, and stories with rhyming words (page 9).
- 2. Sing songs and let your child make up their own rhyming words.
- 3. Use fingerplays with rhyming phrases (Fingerplays and Movements, pages 20–21).
- 4. Have your child make up pretend words that rhyme with a word that you give them (pizza, fizza, bizza).

Resources: Books, Poems, Songs and More, page 24

ARKANSAS CHILD DEVELOPMENT EARLY LEARNING STANDARDS

DOMAIN EL2.1

9 months to 60 months

The itsy bitsy spider crawled up the water spout.

Down came the rain, and washed the spider out.

Out came the sun, and dried up all the rain, and the itsy bitsy spider went up the spout again.

Five little monkeys jumping on the bed

One fell off and bumped his head

Mama called the doctor and the doctor said,

"No more monkeys jumping on the bed"



One, two, three, four, five
Once I caught a fish alive
Six, seven, eight, nine, ten
Then I let it go again
Why did you let it go?
Because it bit my finger so

Which finger did it bite?
This little finger
on my right

Little Bo-Peep has lost her sheep, and doesn't know where to find them. Leave them alone,

and they'll come home,
wagging their tails behind them.



ACTIVITIES TO HELP CHILDREN LEARN

"At Home"

Try to find rhyming words for items you see while washing dishes, doing laundry, or just walking around your house.



"In The Car"

Try to find rhyming words for items you see while riding in your car.



ACTIVITIES TO HELP CHILDREN LEARN

"At The Grocery Store"

Try to find rhyming words for items you see while you are at the grocery store.



"At The Park"

Try to find rhyming words for items you see while you are at the park.







ALLITERATION

Children become aware that some words begin with the same sound

SUPPLIES

 a moment with your child

Optional:

- tongue twisters
- nursery rhymes
- songs
- poems

WAYS TO ALLITERATE

- 1. Use tongue twisters, nursery rhymes, songs, and poems with repeated sounds (page 13).
- 2. Have fun coming up with words beginning with the same letter (big brown bear or dogs dig dirt).
- 3. Play games with your child where you say someone's name, then add words with the same beginning sound (Cameron cuts carrots or William wants watermelon).

Resources: Books, Poems, Songs and More, page 25

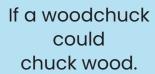
ARKANSAS CHILD DEVELOPMENT EARLY LEARNING STANDARDS DOMAIN EL2.1

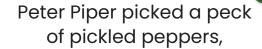
37 months - 60 months

How much wood could a woodchuck chuck

If a woodchuck could chuck wood?

As much wood as a woodchuck could chuck,





A peck of pickled peppers Peter Piper picked;

If Peter Piper picked a peck of pickled peppers,

Where's the peck of pickled peppers Peter Piper picked?



Sally sells seashells by the seashore,

The shells she sells are seashells, I'm sure.

So if she sells seashells on the seashore,

Then I'm sure she sells seashore shells.

ACTIVITIES TO HELP CHILDREN LEARN

"Alliteration Animals"

Say an animal and have children think of a name for that animal that starts with the same sound, "Abby alligator" or "Heather hummingbird". Now you say an animal and let your children give them names.



Dixie duck



Beau bunny



Carl cat



Annie Ape

"Alliteration Names"

Add positive words to your child's name that begin with the same letter.

Curious Cameron, Marvelous Montgomery,

Precious Paxton, Talented TJ, or Wonderful William.



ACTIVTIES TO HELP CHILDREN LEARN

"Silly Sentences"

Pick a word and make silly sentences using the same beginning sound as the word.



Zaria the zany zebra zapped a zig-zag zipper

If two witches
were watching
two watches,
which witch
would watch
which watch



"Simon Says Sounds"

Play Simon Says, "Find two or more things beginning with a letter sound..."



MANIPULATING UNITS OF LANGUAGE

Children learn that individual sounds make up words

SUPPLIES

 a moment with your child

Optional:

- nursery rhymes
- songs

WAYS TO MANIPULATE

- 1. Clap out each word in a sentence with your child.
- 2. Clap out syllables of familiar names or words (Hand Clap Rap on page 17).
- 3. Try changing the vowel sound in a word to make new words (Apples and Bananas on page 17).

Resources: Books, Poems, Songs and More, page 25

ARKANSAS CHILD DEVELOPMENT EARLY LEARNING STANDARDS
DOMAIN EL2.1

49 months - 60 months

I like to eat, eat, eat apples and bananas I like to eat, eat, eat apples and bananas



A

I like to ate, ate, ate ay-ples and ba-nay-nays
I like to ate, ate, ate ay-ples and ba-nay-nays

Ε

I like to eat, eat, eat ee-ples and ba-nee-nees
I like to eat, eat, eat ee-ples and ba-nee-nees

П

I like to ite, ite, ite i-ples and ba-nigh-nighs I like to ite, ite, ite i-ples and ba-nigh-nighs

0

I like to ote, ote, ote oh-ples and ba-no-nos I like to ote, ote, ote oh-ples and ba-no-nos

U

I like to oot, oot, oot ooples and ba-noo-noos
I like to oot, oot, oot ooples and ba-noo-noos

Do the hand-clapping rap, do the hand-clapping rap, yeah, yeah

Do the hand-clapping rap, do the hand-clapping rap, yeah, yeah

Let's get started, clap the fun, clapping animals, start with one:

deer frog owl dog bear goose bat moose

You've got it down, here's what we'll do, clap more creatures! Make it two:

tiger panda otter squirrel rabbit eagle lion turtle

You're doing great, so clap with me, so many great animals. Make it three:

pelican butterfly octopus cockatoo elephant rattlesnake crocodile kangaroo

We can't stop now, let's clap some more awesome creatures. Make it four:

rhinoceros alligator tarantula caterpillar armadillo dromedary orangutan salamander

ACTIVITIES TO HELP CHILDREN LEARN

"I Went To The Zoo"

Begin with, "I went to the zoo and I saw a..." then pick an animal whose name only has one syllable (bat), then two syllables, then three.









"Musical Words"

Have fun making rhythmic music using items such as pots, pans, and spoons while tapping out the syllables of words.



hi, fun, kites
hel-lo, run-ner, par-ty
el-e-phant, fan-tas-tic
al-li-ga-tor, wa-ter-mel-on

ACTIVTIES TO HELP CHILDREN LEARN

"Syllable Hop"

Say a word and have everyone hop for each syllable. Try turning on some music and have fun hopping around.

ant ice jump red zoo

hap-py fun-ny kit-ten pur-ple tea-cher



but-ter-fly
De-cem-ber
ham-bur-ger
lem-on-ade
po-ta-to
Sat-ur-day
tri-an-gle

"Word Ladders"

Start with a word, then change the first letter to make new words.

Now pick a new word and change the vowel.





cat cut cot

FINGERPLAYS AND MOVEMENTS

Fingerplays and action songs are a fun, engaging ways to get children up and moving by allowing them to act out the words to songs, chants, and rhymes. They are also beneficial as they encourage language development and basic skills such as listening, memorization, small and large motor movements.

Fingerplays can be done anywhere such as in the car, at the dinner table, in the classroom, or waiting in a line.

Some activities that you can do with your children:

Baby Shark
Finger Family
Five Green And Speckled Frogs
Head, Shoulders, Knees, And Toes
Itsy Bitsy Spider
Pat-A-Cake
The Wheels On The Bus





Have you ever seen a penguin come to tea? When you look at me a penguin you will see!

PENGUINS ATTENTION! PENGUINS BEGIN!

Right flipper, Left flipper, Right leg, Left leg, Head, Turn around, Penguin sound



PENGUINS ATTENTION!

Two little black birds sitting on a hill
One name Jack and one named Jill
Fly away Jack, fly away Jill
Come back Jack, come back Jill

Two little blackbirds flying in the sky
One named Low and one named High

Two little blackbirds sitting on a pole
One named Fast and one named Slow

Two little blackbirds sitting on a gate One named Early and one named Late



Open shut them, open shut them, give a little clap
Open shut them, open shut them lay them in your lap
Creep them, creep them, creep them, creep them, creep them, open wide your little mouth, but do not let them in
Now this time let's sing a little bit faster
Here we go





A tooty-ta, a tooty-ta, a tooty ta-ta A tooty-ta, a tooty-ta, a tooty ta-ta

Thumbs Up, Elbows Back, Feet Apart, Knees Together, Bottoms Up, Tongue Out, Eyes Shut, Turn Around

A tooty-ta, a tooty-ta, a tooty ta-ta A tooty-ta, a tooty-ta, a tooty ta-ta





Mirror Mirror

Does your child wiggle when you change their diaper? Do you have an unbreakable mirror or something safe and reflective where they can see themself? Give them this to hold and talk about what they're looking at: "I see you looking at your nose!"

Brainy Background™

Babies learn with their senses. When they see their face and you talk about their nose and other body parts, they're making connections between words and objects, which lays the foundation for reading in the future.





Rhyme Time

Pick a word and take turns saying words that rhyme with it. Keep going until you run out of words that rhyme. Then let your child pick a word. See if you can come up with silly ones to keep it fun like "slinky, pinkie, stinky."

Brainy Background™

Rhyming games, like this one, help your child focus on word sounds. This will help with reading and writing later on.









Sign Readers

Even if there isn't time today for books, we're surrounded by words that are ready for reading. Point to a word you see on a sign (like a stop sign on the street) and have your child guess what the word means. If they can't guess, give them some helpful clues.

Brainy Background™

Back and forth conversations about signs help your child learn about words and what they mean.





Storytelling Bag

Put items in a bag, like a pen, a spoon, and a cup. Start a story, "Once there was a girl." Ask your child to pick an item from the bag and use it in the story. With the cup, they might say, "The girl was thirsty so she drank some water." Take turns picking from the bag and adding to the story.

Brainy Background™

Having fun with stories builds your child's storytelling skills. Each time they pull an item from the bag, they must use their memory to remember what has already happened in the story and think flexibly to make connections between that item and how to use it to add to the story.

- 1 Tell a fun story about something from your childhood.
- 2 "Picture Read" the story for infants and toddlers.
- 3 Identify objects in the book or play 'I Spy' with objects in the illustrations.
- Ask open-ended questions about the story. "What do you think this story is going to be about?" "What do you think will happen next?" "How do you think he is feeling?"
- 5 Sing a song or finger-play about the story.



- 6 Tell children stories about what you're doing during an everyday moment for example, while gardening, repairing a car, preparing a meal, etc.
- 7 Encourage children to create their own story. You can write the words on paper as they tell their story or even record their voice.
- Ask children to draw a picture, then say, "Tell me about your picture."
- **9** Turn children's artwork into stories. As a child tells you about their picture, write down the words they share.
- Tell a story with puppets, stuffed animals, miniature dolls, superhero figurines, or socks as your puppets.



- 12 Take turns with children to verbally re-tell the story from memory.
- 17 Try out different voices for the characters in the book; ask which was best.
- Ask a parent, grandparent, aunt, caregiver or other loved one to record a video of themselves reading a book or telling a story.
- 15 Create a reading corner. Include items that make the area comfortable and encourage reading.





BOOKS, POEMS, SONGS, AND MORE

Exploration of Sounds of Language

ABC (Phonics) Song

B-I-N-G-O

Each Peach Plum Pear by Allan and Janet Ahlberg
Head, Shoulders, Knees, and Toes
Pajama Time by Sandra Boynton
Say It, See It, Sign It
The Wheels on the Bus

Rhyme

Big Red Barn by Margaret Wise Brown

Down by the Bay

Humpty Dumpty and Other Rhymes by Lona Opie

Hush, Little Baby

Jamberry by Bruce Degen

Mark Brown's Favorite Hand Rhymes

My First Book of Nursery Rhymes by Little Hippo Books
See You Later Alligator (The Goodbye Song)

BOOKS, POEMS, SONGS, AND MORE

Alliteration

A, My Name is Alice by Steven Kellogg
Dr. Seuss's ABC: An Amazing Alphabet Book
Jack and Jill
Silly Sally by Audry Wood
Wee Willy Winkle
I'm Bringing Home a Baby Bumble Bee

Manipulating Units of Language

Apples and Bananas

Clap Our Syllables

The Mitten by Jan Brett

The Tiny Seed by Eric Carle

The Very Hungry Caterpillar by Eric Carle

Other Resources

Arkansas Child Development and Early Learning Standards:
Birth through 60 months (CDELS)

American Academy of Pedicatrics website: *aap.org*vroom website: *vroom.org*

WHAT IS EMERGENT AND EARLY LITERACY

From the moment we are born, we are ready to process language. When we read aloud to babies, they begin to build brain connections. During the first 5 years of life, 90% of a child's brain development happens.

The stronger the foundaton we can give our children in literacy, the stronger their future will be. Each time we give a child a literacy experience, either through talking, reading, or singing we are strengthening their foundation of learning and understanding.

The benefits of engaging children as young as birth in literacy experiences has a life-long impact. The path of language and literacy development is a journey through talking, reading, and writing leading to success in both school and life. Literacy is a fundamental component of your child's overall development that builds a solid foundation for their future reading performance and progresses as they grow and learn. If a child can read they can learn.

The American Academy of Pediatrics says reading aloud to children daily from infancy stimulates early brain development pre-literacy skills such as: vocabulary building, learning how language works and how to use it, book handling, learning that there are different types of books (story books, fact books, poetry books, cook books), pre-writing, understanding letter sounds and playing with language sounds (through songs, poems, rhymes), understanding how stories connect to their world and so much more.

WHAT IS PHONOLOGICAL AWARENESS

Phonological awareness is an important set of literacy skills helping children focus on ways they can explore, play, and manipulate the sounds of spoken language and develop those skills at various and deeper levels.

As children grow older and their skill sets develop, they have the ability to think about, notice, and work with individual sounds in spoken words known as phonemes (fōnēmes). This leads to being able to manipulate sounds to stretch, blend, and change words around. It puts a focus on different ways children can play, explore, and manipulate the sounds of spoken language.

Children develop phonological awareness by **identifying** parts of words as they count and clap to syllables; **blending** where they combine sounds to make words; **segmenting** where they take those words and break them into individual sounds; **deleting** where they take away an individual sound from a word.

Phonological awareness is an individual's awareness of the phonological structure, or sound structure, of words. Phonological awareness is an important and reliable predictor of later reading ability and has, therefore, been the focus of much research. Simple activities using rhymes and riddles, songs, alliteration, syllable identification, sound and letter recognition, tongue twisters, and books are fun ways to support phonological awareness.

Emergent Literacy

EL2. PHONOLOGICAL AWARENESS

EL2.1 Notices and manipulates the sounds of language

🕏 BIRTH - 8m	§ 9 – 18m	19 - 36m	3 7 - 48m	49 - 60m	
Shows increasing awaren the sounds of spoken land the speaker					EXPLORATION OF SOUNDS
Experiments with the sour	nds of language				TION IDS AGE
	Joins in and repeats songs with rhyming or alliterative same initial sound)	s, fingerplays, and poems phrases (words with			RHYME
		Fills in the missing rhyming or fingerplay and can gen spontaneously (real or no	erate rhyming words	Decides whether two words rhyme	ME
			Shows awareness that so same sound (e.g., "Sam ar same sound!")	me words begin with the nd Selena start with the	ALLITERATION
			Shows awareness of sepa	rate words in sentences	
				Verbally identifies, blends, segments, and deletes parts of words (manipulating units of language)* with decreasing need for modeling or visual supports	MANIPULATING UNITS OF LANGUAGE

^{*}Children learn to manipulate units of language (e.g., words within compound words, syllables) in different ways, progressing from easier to more difficult manipulation tasks (in an overlapping sequence rather than by mastering one level before the next):

Identifying = e.g., counts or claps syllables in classmates' names

Blending = e.g., counts or claps syllables in classmates' names

Segmenting = e.g., finds pictures of a cama (bed in Spanish) and a león (lion in Spanish) when asked what two words make camaleon (chameleon in Spanish); says pen- and -cil when asked to take apart the word pencil

Deleting = e.g., points to picture of a cup when asked "What's cupcake without cake?"; says no when asked, "What's mono (monkey in Spanish) without mo-?"

Emergent Literacy

GLOSSARY

Alliteration - the same sound or sounds at or near the beginning of each word in a series

Blending - combining sounds to make words

Chant - a word or group of words repeated over and over again

Deleting - taking away an individual sound from a word

Emergent Literacy - foundation for later reading and writing

Exploration of Sounds of Language – identifying sounds of language through hearing and speaking

Identifying - counting and clapping to syllables of words or names

Literacy - the ability to read and write

Manipulating Units of Language - using sounds to make up words

Phonemes (fonemes) - smallest unit of significant sound in a language

Pre-Literacy - early behaviors and skills associated with successful reading development

Rhyme - words with the same ending syllable

Segmenting - breaking down words into individual sounds

Syllables - part of a word that contains a single vowel sound that is pronounced as a unit



OUR MISSION

Child Care Aware of West Central Arkansas is dedicated to establishing strong partnerships with families, child care providers, and the community; advocating for children and providing information, education, guidance, and support.



